UltraSlim Central Kansas

Real people. Real results. Guaranteed.

316-258-5323
www.UltraslimCKS.com

Admission Form

First Name: _____ Last Name: _____ M.I. _____

Street Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ E-mail: _____

Location Where Service Is Provided: _____

Services To Be Provided:_____

What are your treatment goals?

How did you learn about these services?

How did you learn that these services are offered at this location?

Do you have any questions?

_____ _____
Signature Date

Rev 07/23/15

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Client Procedure Guide

Thank you for selecting UltraSlim® for your non-invasive body contouring and skin rejuvenation! We appreciate your business and will help you to succeed. Every patient loses fat instantly without dieting, exercise, drugs, or surgery. We guarantee that you will lose at least two inches in one hour or your money back.*

UltraSlim® is painless, non-invasive, and dramatically effective. We use a special type and dose of red light to shrink fat cells and produce collagen, which naturally results in smoother, younger-looking skin with reduced appearance of lines, wrinkles, and dark spots. Increased elastin works with collagen to tighten the skin, for a younger, firmer appearance.

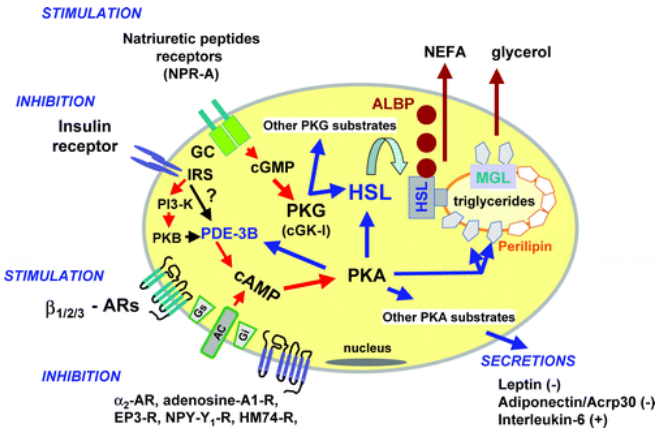
With only 32 minutes of treatment, ladies lose an average of 3.5" from their waist, hips, and thighs. Men lose an average of 3.5" from their chest and abdomen. In clinical trials recorded at ClinicalTrials.gov (NCT02867150), patients averaged 1.6 liters of fat loss at each treatment. Over 98% of patients lost at least two inches of fat at each visit, and every patient lost at least 717cc of fat at each visit (1 5/8").

Our co-founder Terry J. Ward, M.H.A. invented this unique method of instant fat reduction in 2011, while working at our body contouring clinic in Orlando, Florida. Using only phototherapy treatments, UltraSlim® is the only technology for instant fat reduction. Other body contouring technologies kill fat cells with extreme cold, heat, radio waves, or ultrasound. Those cell-killing technologies take months to show results, which are underwhelming, and risk a long list of side effects and adverse outcomes. UltraSlim has instant results and no side effects.

UltraSlim devices are manufactured by Ward Photonics LLC in Cocoa Beach, Florida. The FDA has cleared the devices for body contouring (K160880) and skin treatments (K150336). The United States Patent and Trademark Office has awarded three patents and related patents are pending in 146 countries.

How Does UltraSlim® Work?

We trademarked the term "UltraSlim" to describe our unique phototherapy, as heat is not part of its action mechanism. The cascading photochemical mechanism operates at the cellular level and is extremely complex:



There are no needles, no incisions, and no recovery time. Our technology is based on modulating a specific type of narrowband non-coherent light. The modulated light tricks the mitochondria in the nucleus of the fat cell into creating a transitory pore in the cell membrane, allowing the fatty acids and triglycerides to escape into the interstitial space. The liberated fat cell contents are then drained by the lymphatic system and processed by the liver and kidneys as part of the body's normal course of detoxification. The pore in the fat cell will close in about 48-72 hours and the liberated contents will be expelled in the client's waste over the next few days.

Program Description

First, we develop an individualized care plan to achieve your specific goals. Your care plan may include a series of UltraSlim body contouring treatments, whole body vibration, hydration, a compression garment, and nutritional supplements.

We recommend that UltraSlim not be used for fat reduction more than twice a week, as some clients may be unable to void all of the liberated fat cell contents. Once weekly is preferred for most patients. In this example, the patient had five treatments, once weekly. Some patients lose more, some lose less.

A "non-invasive facelift" includes a series of 6 skin treatments (3 per week for 2 weeks) with 20 minutes to both sides of the face. Monthly maintenance treatments are recommended to retain a more youthful appearance.

Phototherapy requires **good general health** and that the ability to process waste is not impaired. If you have liver, lymphatic, or kidney problems, or have any serious medical condition, ask your doctor before beginning phototherapy. Do not start phototherapy if you are photo-sensitive or take a photo-sensitive medication. Phototherapy is not for those who are pregnant or trying to become pregnant.

Optimize Results

To optimize results, we have designed a program that ensures that the body of the client is given every chance to process the liberated fat. The program is recommended, but not mandatory, and includes:

1. **Nutritional Supplements** aid in the natural detoxification process. We suggest time-release non-flush 500mg Niacin for once daily use, along with 1000 mg of Milk Thistle taken twice daily. If you have health problems or take medications, always check with your pharmacist or doctor before taking any nutritional supplements.

2. **Hydration** is key to optimal cellular function and critical to the success of this procedure. Clients should:

    a. Drink a minimum of 64 oz. of water each day (two liters). It is recommended you drink eight 8 oz. glasses of water throughout the day to maximize the body's hydration level.

    b. We recommend that you discontinue the use of coffee or other caffeinated beverages during the course of the program because they are diuretics and cause dehydration. If you feel that you must have coffee, please keep your intake to a minimum. To compensate, drink an amount of water twice as much as the amount of coffee you drank (for instance, if you had one cup of coffee, you should drink two cups of water to re-hydrate your system). This is in addition to the eight 8 oz. glasses of water you should drink each day.

    c. Each drink of alcohol limits your liver's function, making it unavailable for processing your liberated fat. Try to keep your alcohol consumption to an absolute minimum (complete abstinence would be preferable). For best results, avoid alcohol, fatty foods, ibuprofen, acetaminophen, and other substances which put a strain on your liver.

3. **Lymphatic Stimulation** - The fatty material released by the fat cells will be processed by the lymphatic system. It is therefore critically important to help promote lymphatic system mobilization. There are several ways through which this may be achieved: the most basic and effective is light to moderate activity. You should maintain a regular workout routine consisting of walking for 30 minutes every day or the equivalent. Light exercise at the gym will also be beneficial, as will a series of lymphatic massages (typically on the day following each treatment). Strenuous exercise is not recommended as it reduces the hydration of the client. Massaging the treated areas is also helpful. We offer whole-body vibration therapy, which has been shown to achieve significant lymphatic stimulation.

4. **Compression Garment** - Wearing a compression garment will also help the lymphatic system process the liberated fat and reshape the body. We recommend that you wear a compression garment such as embolism pantyhose, a girdle, corset, Spanx or UnderArmour as tight as can be tolerated, as many hours a day as can be tolerated. We offer compression garments for ladies and gentlemen.

5. **Food Intake** – You should be under no misconception that UltraSlim phototherapy is a license to increase your food intake! On the contrary, we recommend that you maintain a low-fat diet. This allows your kidneys, liver and lymphatic systems to more effectively purge the excess fat as it is converted to energy. We recommend a diet consisting of five small meals per day. Avoid all sugars (sweet tea, sodas, sweets, or any items containing sugar or high fructose corn syrup), avoid all fats (including all fried foods), and avoid carbohydrates (pasta, potatoes, dried beans). Steamed rice is okay, without sauce. Salads and green vegetables are great (spritz is okay, but no dressings with fat and calories). Lean meats and fish are fine. The important take-away is that we are going to shrink your fat. To keep it that way, you need to maintain a good diet and limit each day's caloric intake to balance with the number of calories that you burn that day.

We recommend that hydration and nutritional supplements begin a week before you start treatments and continue through the treatment period and for one week thereafter. We recommend that you massage the fat tissue during the 48 hours following each treatment. We recommend that compression garments should be worn 8 hours a day from the day of the first treatment until one week after the final treatment.

What You Can Expect

The patented **UltraSlim®** protocol yields immediate, measureable results. Expect to lose at least two inches of fat from your waist, hips, and thighs at the very first visit. To minimize fat reduction in the face while promoting collagen and elastin, UltraSlim Facial treatments are 20 minutes with the UltraSlim programmed for the appropriate biomodulation. With facial treatments, expect to see your face appear 10 to 15 years younger with the complete series. As with any procedure, results will vary and may be more dramatic from one client to the next. And results will vary depending on the protocol that you use.

Your Treatments, Step-by-Step

Before your first treatment and at your follow-up visit one week after your last treatment, your measurements will be taken and recorded to track your success.

1. Before your first treatment:
    a. Measurements will be taken and recorded on the approved form.
    b. "Before" photos will be taken.
    c. Our staff will ask about your dietary habits and emphasize the need for a balanced, low-fat, diet.
    d. Our staff will also discuss the need for mild physical activity and ask you to commit to, at minimum, walking 30 minutes each day.
    e. All subsequent appointments are scheduled.
2. You will then receive your first treatment:
    a. You will disrobe, leaving on undergarments to cover the areas that are not to be treated (such as a full-coverage bra). Cover the areas where the fat is to remain and expose to the light the areas where the fat is to be drained. ***The light is much less effective through a client's clothing.***
    b. The certified technician will position and direct the light at the target areas.
    c. Each treatment session is scheduled for one hour, which includes treatment time, dressing/undressing, etc. UltraSlim treatments are 8 minutes per area and up to six areas may be treated within an hour session. Skin treatments take 20 minutes per exposure (two for the face).
    d. We recommend that wearing a compression garment until a week after the final treatment.

3. At each subsequent treatment:

    a. Our staff will talk with you about compliance and positive reinforcement used to ensure future adherence to the program.

4. At the one-week follow-up session:

    a. Post-procedure measurements will be taken and recorded on the approved form.

    b. "After" photos will be taken.

NO CHARGEBACKS: IF YOU PAY BY CREDIT OR DEBIT CARD, THEN YOU HEREBY AGREE THAT YOU WILL NOT CAUSE A CHARGEBACK FOR ANY REASON AND THAT YOU WILL INDEMNIFY AND HOLD US HARMLESS AGAINST ALL COSTS INCURRED. YOU AGREE TO REPAY THE ENTIRE CHARGEBACK AMOUNT PLUS FIVE THOUSAND DOLLARS LIQUIDATED DAMAGES AND ALL LEGAL FEES AND COST INCURRED TO SUE YOU AND COLLECT THE CHARGEBACK, LIQUIDATED DAMAGES, AND/OR LEGAL FEES AND COSTS.

Informed Consent: The UltraSlim protocol includes the use of a specific type and dose of red light emitted from a phototherapy system which is FDA-cleared to treat the skin with 126 Joules/cm² emitted 17 cm from the skin for 20 minutes or 50.4 Joules/cm^2 for each 8-minute body contouring treatment.

I understand this is an elective, cosmetic procedure and that the prescribed series of treatments is required to achieve desired results. I ASSUME ALL RISKS AND ACKNOWLEDGE THAT NO GUARANTEE HAS BEEN MADE TO ME CONCERNING THE RESULTS OF THIS PROCEDURE. I understand that I must follow the pre- and post-treatment regimen. Failure to follow the outlined Client Protocol may result in failure to achieve the desired results. I am not now, and do not expect to become pregnant during the course of my treatment. The staff has explained the procedure and its risks, benefits and alternatives, including not doing the procedure, and have answered all my questions.

***"Lose Two Inches In One Hour Or Your Money Back":** If you purchase a package of one or more one-hour UltraSlim sessions and you do not lose at least two inches from your waist, hips, and thighs during your first hour of treatment, then you may cancel all of your scheduled treatments and receive a full-refund upon request. If on that date you do not request a refund and cancel all other treatments, then you thereby waive any claim for a refund. Refunds will not be made for any other service, for any other reason, or at any other time. All sales are final. Payments collected by other parties cannot be refunded by UltraSlim.

Service Description	**Price**
_____	$_____
_____	$_____
_____	$_____
Total Charges	$_____

Any special terms, conditions, or discounts: _____

_____.

I have received a copy of this document, have received satisfactory answers to all of my questions, I consent to treatment, and agree to the terms herein. This is the entire agreement. I understand that, to be effective, any modifications or special terms herein require approval in writing by Marybeth McCall, MD.

_____ _____

Client Name Location

_____ _____

Client Signature Date UltraSlim Signature Date

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HEALTH HISTORY QUESTIONNAIRE

Name *(Last, First, M.I.):* ☐ M ☐ F	**DOB:**
Home Address :	**Phone:**
Email:	
Location of Services:	

CHECK ANY CONDITION YOU CURRENTLY HAVE								
Pregnant Now, or Trying	☐	Yes	☐	No	Active Cancer Within A Year	☐	Yes	☐ No
Kidney Problems	☐	Yes	☐	No	Liver Problems	☐	Yes	☐ No
Doctor said you should avoid light?	☐	Yes	☐	No	Autoimmune disease	☐	Yes	☐ No
Lupus Erythematosus	☐	Yes	☐	No	Albinism	☐	Yes	☐ No

CHECK ANY PHOTO-SENSITIVE MEDICATIONS THAT YOU TAKE					
Gold or Gold 50	☐	Hostacycline	☐	Chloropromazine	☐
Fulvicin P/G or Fulvicin U/F	☐	Lymercycline	☐	Grifulvin V or Griseofulvin	☐
Gris-Peg	☐	Sumycin	☐	Grisovin	☐
Demecocycline	☐	Folex	☐	Ledermycin	☐
Doxycycline	☐	Ledertrexate	☐	Cyclidox	☐
Doryx	☐	Methotrexate Sodium	☐	Doxycyl or Doxytab	☐
Dumoxin	☐	PF	☐	Noritet	☐
Viacin	☐	Aratac	☐	Vibramycin	☐
Lymecycline	☐	Pacerone	☐	Minocycline	☐
Tetrasal	☐	Amioderone	☐	Minomycin or Minotabs	☐
Cyclimycin	☐	Codarone X	☐	Terramycin	☐
Oxytetracycline Be-oxytet	☐	Terra-Cortril	☐	Cotet	☐
Oxypan	☐	Trexall	☐	Quinolone Derivatives	☐
Ciprofloxacin	☐	Methotrexate	☐	Nalidixic Acid	☐
Norfloxacin	☐	LPF	☐	Oflaxacin	☐
Tetracycline Group	☐	Mexate AQ	☐	Achromycin or Acromysin V	☐
Actisite	☐	Thorazine	☐	Bristacycline	☐
Ciprofloxacin	☐	Tetrex	☐	Helidac	☐
Auranofin	☐	Azathioprine	☐	Chlorpromazine HC	☐
Ridaura	☐	Roaccutane	☐	Largactil	☐
Sonazine	☐	Isotretinoin Accutane	☐		☐

Client Signature _____ Date _____

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Model Release

In consideration of uncompensated services, my receipt of which and the sufficiency of which are hereby acknowledged, I, the undersigned, hereby consent to allow Marybeth K. McCall, MD (which does business in its name and with registered business names including UltraSlim, FitSlim Laser, MedSlim Laser, and iSlim Laser) to make digital recordings of me (video, photographs, or other digital recording) and grant all rights to any digital recordings of me in the possession of Marybeth K. McCall, MD, or hereafter acquired, including all rights to exhibit and publish the works in print and electronic form, publicly or privately, and to market and sell copies and to use these in any and all types of media, now or hereafter known, for the purpose of marketing and promotions. I waive any rights, claims, or interest I may have to control the use of my identity or likeness in whatever media used except as provided herein.

I further consent that my name and identity **MAY / MAY NOT** (circle one) be revealed therein or by descriptive text or commentary.

I understand that there will be no additional compensation or consideration for recording me or for any subsequent use. I represent that I am at least 18 years of age, have read and understand the foregoing, and am competent to execute this agreement.

Name: _____ Date: _____

Address: _____

Phone: _____ Email: _____

Witness for the undersigned: _____

Signature: _____